

# What Helps a Baby Grow?

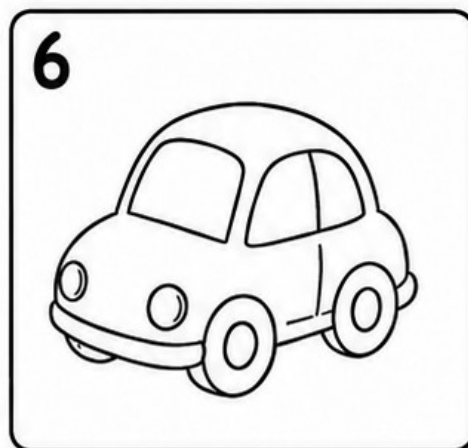
Name: \_\_\_\_\_

Date: \_\_\_\_\_

Babies need milk, love and care to help them grow.

Mothers can make breastmilk for their babies. When a baby drinks milk from their mother's breast, it is called breastfeeding.

Circle the things that help a baby grow, feel safe and cared for.



Draw one way you can help care for a baby.



Pebble the Puffin Says: Babies need milk, love and care as they grow!