

Name: _____

Date: _____

K-1



Pebble
wonders...

How Does Baby Say “I’m Hungry?”



Babies can’t say
“I’m hungry.”
They show us in
lots of ways!



Look at the babies below.

Circle the babies who are showing **early signs** that they may be hungry.



1. Waking up or
becoming more active



2. Bringing hands
to mouth



3. Opening mouth



4. Turning head or
searching for breast



5. Crying
(late sign of hunger)

When we notice early
hunger signs, we can
respond and help
baby feel happy,
full and loved.



Did you know?

Babies grow and their tummies get empty often.
Feeding time is also cuddle time! Breastfeeding gives
baby milk, comfort, warmth and closeness.

