

Saskatchewan

Government of Saskatchewan

Provides evidence-based information on pregnancy, infant feeding, breastfeeding, and early childhood health, along with links to provincial health services and family resources.

Website: <https://www.saskatchewan.ca>

Saskatchewan Health Authority (SHA)

The Saskatchewan Health Authority provides trusted breastfeeding information and access to breastfeeding support through hospitals, public health services, lactation consultants, and community programs across the province.

Website: <https://www.saskhealthauthority.ca>

Public Health Services

Public health nurses throughout Saskatchewan provide breastfeeding education, assessment, and ongoing support for families during pregnancy and after birth. Contact your local Public Health office or Primary Health Care Centre to learn about breastfeeding clinics and community programs available in your area.

Website: <https://www.saskhealthauthority.ca>

Saskatchewan Breastfeeding Matters

A Saskatchewan-based nonprofit organization dedicated to protecting, promoting, and supporting breastfeeding through community education, peer support, advocacy, and collaboration. Families can access practical breastfeeding information, local support resources, educational materials, and information about Baby-Friendly initiatives and human milk banking.

Website: <https://saskbreastfeedingmatters.ca>

Breastfeeding Committee for Saskatchewan (BCS)

A provincial organization that supports evidence-informed breastfeeding practices through education, professional resources, and the promotion of the Baby-Friendly Initiative. The website offers fact sheets, educational materials, and links to trusted breastfeeding resources for both families and healthcare professionals.

Website: <https://www.thebcs.ca>

Looking for local support?

In addition to the organizations listed above, your physician, midwife, nurse practitioner, public health nurse, or an International Board Certified Lactation Consultant (IBCLC) can provide individualized breastfeeding support and help connect you with local services in your community.

Note

Resources included on this website have been selected because they provide trusted, evidence-informed breastfeeding information and support. They are reviewed periodically to help ensure continued alignment with the principles of the WHO International Code of Marketing of Breast-milk Substitutes.