

Prince Edward Island

Where to Find Help

Health PEI – Breastfeeding and Baby-Friendly Initiative

Health PEI provides breastfeeding support through Public Health Nursing, lactation consultants, prenatal breastfeeding classes, and Baby-Friendly Initiative services across Prince Edward Island. Families can access one-on-one breastfeeding support before and after birth.

Website: <https://www.princeedwardisland.ca/en/information/health-pei/breastfeeding-your-baby-and-baby-friendly-initiative-bfi>

Public Health Nursing

Public Health Nursing provides prenatal breastfeeding education, newborn follow-up, breastfeeding support, home visiting programs, and referrals to lactation consultants. Public Health Nurses are available throughout the province to support families during pregnancy and after birth.

Website: <https://www.princeedwardisland.ca/en/information/health-pei/public-health-nursing>

Breastfeeding Drop-in Clinics

Health PEI offers free Public Health Breastfeeding Drop-in Clinics where parents can receive breastfeeding assessment, ask questions, and receive support from experienced healthcare professionals. Clinic availability varies by community. ([211 PEI](#))

Lactation Consultant Services

Health PEI provides access to International Board Certified Lactation Consultants (IBCLCs) through Public Health Nursing and hospital maternity services, including Queen Elizabeth Hospital (Charlottetown) and Prince County Hospital (Summerside). One-on-one consultations are available by referral or appointment. ([Government of Prince Edward Island](#))

PEI Breastfeeding Coalition

The PEI Breastfeeding Coalition works with healthcare providers and community organizations to promote, protect, and support breastfeeding across Prince Edward Island. Families can also find links to additional community resources through the Women's and Gender Diverse Health Hub.

Website: <https://womenandgenderdiversehealthhub.princeedwardisland.ca/Infant-Feeding>

Health PEI Contact

Families who are unsure where to access breastfeeding support can contact Health PEI or their local Public Health Nursing office to be connected with services available in their community.

Website: <https://www.healthpei.ca>