

Northwest Territories

Where to Find Help

Northwest Territories Health and Social Services Authority

The NTHSSA provides breastfeeding and infant feeding support through public health nurses, maternity care providers, midwives, health centres, and regional services across the territory. Its infant-feeding page also provides contact information for the territorial lactation consultant.

Website: [NTHSSA Infant Feeding](#)

Territorial Lactation Consultant

The NTHSSA established a dedicated lactation consultant position to strengthen infant-feeding support throughout the Northwest Territories. Families and healthcare providers can contact the lactation consultant for information and help locating appropriate support.

Email: Abigail_Holt@gov.nt.ca

Yellowknife

Public Health Breastfeeding Clinic

The Yellowknife Public Health Unit offers individual appointments with a maternal and child health nurse for breastfeeding information, assessment, and additional support. The clinic is currently listed for Tuesday afternoons, but families should confirm availability when booking.

Phone: 867-920-6570

Website: [NTHSSA Public Health Services in the Yellowknife Region](#)

Local Health Centres, Public Health and Midwifery Services

Outside Yellowknife, parents can contact their local health centre, public health nurse, maternity provider, or midwifery program for breastfeeding and infant-feeding support. For example, the Fort Smith Midwifery Program provides breastfeeding education and support as part of its maternity services.

Website: [Northwest Territories Health and Social Services Authority](#)

Moms, Boobs and Babies

Moms, Boobs and Babies offers peer support for breastfeeding and parenting through a toll-free support line, support meetings, online community, and lending library. ([Health and Social Services](#))

Phone: 1-844-332-6627

Email: info@momsboobsandbabies.com

Health Advice Line 811

Residents can call 811 at any time to speak with a registered nurse for confidential health advice and help finding appropriate infant-feeding services. Support is available in English and French, with interpretation in Indigenous languages.

Call: 811 within the Northwest Territories