

New Brunswick

Where to Find Help

New Brunswick Public Health – Baby-Friendly Initiative

New Brunswick Public Health provides breastfeeding and infant feeding support before and after birth through its Baby-Friendly Initiative and the Healthy Families, Healthy Babies program. Services include breastfeeding education, individual support, and guidance for families who are breastfeeding, supplementing, or formula feeding.

Website:

https://www2.gnb.ca/content/gnb/en/departments/ocmoh/healthy_people/content/bfi.html

Public Health Nursing

Public Health nurses are available throughout New Brunswick to answer questions about infant feeding, assess breastfeeding concerns, and connect families with local breastfeeding resources and lactation support. Services are available through both Horizon Health Network and Vitalité Health Network.

Website:

https://www2.gnb.ca/content/gnb/en/departments/ocmoh/healthy_people/content/bfi/feeding_you_r_baby.html

Breastfeeding Clinics

Several regional hospitals provide breastfeeding clinics and postnatal follow-up services with access to International Board Certified Lactation Consultants (IBCLCs).

Major hospital clinics include:

- **The Moncton Hospital** – Breastfeeding Clinic
- **Saint John Regional Hospital** – Lactation Consultant Clinic
- **Dr. Georges-L.-Dumont University Hospital Centre** – Postnatal Clinic and breastfeeding support

Families can contact their local hospital or Public Health office for appointments or referrals.

Tele-Care 811

Registered nurses are available 24 hours a day to answer health questions, provide infant feeding advice, and help families access local breastfeeding support services.

Call: 811 (within New Brunswick)