

International Resources

World Health Organization (WHO)

The World Health Organization (WHO) provides global leadership on maternal, newborn, and child health. Its evidence-informed recommendations on breastfeeding, infant nutrition, and child health help guide healthcare policies and practices around the world.

Website: <https://www.who.int>

La Leche League International (LLL)

La Leche League International is a non-profit organization that provides breastfeeding education, encouragement, and peer support to families worldwide. Parents can access evidence-informed resources, local support groups, online meetings, and volunteer Leaders for breastfeeding support.

Website: <https://l.li.org>

Academy of Breastfeeding Medicine (ABM)

The Academy of Breastfeeding Medicine is an international organization of physicians dedicated to promoting, protecting, and supporting breastfeeding. It develops evidence-based clinical protocols used by healthcare professionals worldwide to guide breastfeeding and lactation care.

Website: <https://www.bfmed.org>